



NEPAL

MAY 2025



HEALTHY LIVING



EARNING
Respect
THROUGH
WELLTH!

EPAL

Growing Globally

Vision

To help people live a life of economic independence on their own terms.

Mission

To grow to a global scale and become the benchmark in direct selling industry.





In its endeavour to provide the best quality of wellness products to consumers, Vestige introduces the premium healthcare category called Vestige Prime. The products under this category are truly outstanding and are specifically designed to provide optimum nutrition and wellness to the consumers and enable them to achieve a qualitatively superior health.



VESTIGE
PRIME

KRILL OIL*

**SOURCE OF PHOSPHOLIPID,
OMEGA – 3 WITH ASTAXANTHIN**


Antarctic Krill, which is the source of Krill Oil, is comprised of three major components - omega-3 fatty acids, primarily eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) attached to phospholipids and astaxanthin. Most of the omega-3 fatty acids in Krill Oil are attached to phospholipids, making them more bioavailable to the body, and allowing omega-3 to be easily absorbed by target organs such as the heart, brain and liver, where they exert their beneficial effects. Vestige Prime Krill Oil is extracted by a proprietary technology, called Multi Stage Oil extraction (MSO®) process, that assures high-quality oil which has superior stability, quality and organoleptic properties.

Recommended Usage: One to two capsules daily with food

Net Content: 30 softgel capsules

MRP NPR 2333.00 incl. of all taxes



The background of the entire page is a photograph of two people jumping joyfully on a beach at sunset. The sun is low on the horizon, creating a bright orange and yellow glow that reflects on the wet sand. The silhouettes of the two people are clearly visible against the bright sky. They are both in mid-air, with their arms and legs spread wide, suggesting a sense of freedom and happiness.

The stronger the
foundation, the longer
you live

Health Care

Being healthy is important because it can help a person have a healthy heart, better muscles, stronger bones, a sense of well-being and a better social life. Eating right and correct exercising will lead to overall better health. When exercise and healthy eating are achieved on a daily basis, people tend to feel better about themselves. While the spectrum of health problems resulting from calorie-protein undernutrition is different from the “empty-calories” overfeeding, both can have devastating consequences on both quality of life and longevity.

So, Vestige brings a range of products to fulfil the daily gap of nutrition for an individual. The range consists of health supplements for healthy immunity, cardiovascular system, glycaemic health, detox and rejuvenation, women health, fitness and for healthy bones and joints.

This range of supplements from Vestige enables people to live a qualitatively better healthy life and step into the world of wellness.



IMMUNITY
BOOST



VESTIGE SPIRULINA[^]

Spirulina is a natural algae powder that is high in protein. It is a good source of antioxidants, Vitamin B-complex, vitamins and minerals. It is largely made up of protein and has high natural iron content. It is considered to be one of the richest sources of natural protein. It helps to strengthen the immune system and improves digestive health. It helps to enhance the body's natural cleansing and detoxification.

Each capsule contains:
Spirulina (*Spirulina platensis*) 500 mg

Dosage:	One or two capsules twice a day
Net Content:	100 capsules
MRP	NPR 625.00 incl. of all taxes

Warning: Accidental overdose of Iron containing products is a leading cause of fatal poisoning in children under 6 years of age. In case of accidental overdose, call a health practitioner.

VESTIGE ALOE VERA[^]

Aloe Vera is a plant with proven rejuvenating, healing and soothing properties. It contains more than 20 essential amino acids and vital minerals such as calcium, magnesium, and sodium. It also contains enzymes, vitamins, polysaccharides, nitrogen and other components. It aids in proper digestion. It is useful in the cases of constipation, acidity and liver weakness. It helps treat skin disorders and is suitable for hair related problems.

Each capsule contains:
Aloe Vera Extract (*Aloe barbadensis*) 500 mg

Dosage:	One or two capsules twice a day or as advised by a physician
Net Content:	60 capsules
MRP	NPR 490.00 incl. of all taxes





VESTIGE COLOSTRUM[^]

Colostrum, known as the first milk after delivery, is a mammary secretion produced by bovine animals. It is collected within the first six hours after a calf's birth. Colostrum is a rich natural source of immunoglobulin that helps in strengthening the immune system and provides protection against various diseases. Colostrum is a rich source of nutrients, antibodies, and growth factors. It is a complete formula of essential vitamins, minerals, essential fatty acids, and amino acids required for the optimal functioning of the body and maintaining overall health. The immune factors and antibodies in Colostrum also help to fight viral infections, allergens, and toxins that harm the body.

Each 404 mg capsule contains:
Colostrum (Gau Piyush) 400 mg
Sodium Benzoate 4 mg

Dosage:	Two capsules twice daily
Indication:	Immunity booster and balvardhak
Net Content:	60 capsules
MRP	NPR 1155.00 incl. of all taxes

VESTIGE NONI[^]

A tropical evergreen tree native to Southeast Asia, Noni or *Morinda citrifolia* is a rich source of protein, carbohydrates, and high concentration of phytonutrients, vitamins, and minerals. It supports overall health and well-being. It contains Xeronine, which enables enlargement of pores in the walls of the human cells and help nutrients to enter them and thereby increases the absorption of nutrients. *Morinda citrifolia* helps to strengthen the immune system as it contains a number of essential vitamins and minerals. People suffering from respiratory problems may benefit from its consumption. It helps to prevent various skin and hair issues. It also helps to promote a healthy digestive system.

Each capsule contains:
Morinda citrifolia (Achuka) Extract 500 mg

Dosage:	One or two capsules twice a day atleast half an hour before meal
Net Content:	90 capsules
MRP	NPR 890.00 incl. of all taxes

Warning: As Noni is a rich source of potassium, it is contraindicated in case of chronic renal insufficiency.





VESTIGE FLAX OIL[^]

Flaxseed oil is a rich source of the essential fatty acids such as alpha-linolenic acid (ALA), Omega-3 and Omega-6. Omega-3 fatty acids are good fats that are healthy for the heart. It is also a rich source of Vitamin E, which is a powerful antioxidant required for maintaining the integrity of cell membranes. Flaxseed helps maintain a healthy cholesterol level and aids in regulating high blood pressure.

Each soft gelatin capsule contains:
Flaxseed Oil (Linseed Oil) 500 mg

Dosage: One capsule thrice a day after meals
Net Content: 90 capsules
MRP NPR 1333.00 incl. of all taxes

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.

VESTIGE L-ARGININE^{*}

L-Arginine is an amino acid; it is a complete food, as a nutraceutical supplement that includes a perfect combination of L-Arginine, antioxidants and vitamins to maximise the effect on overall health. It offers great taste, multiple health benefits and powerful support for the cardiovascular system. L-Arginine helps in wound healing and also helps the kidneys remove waste products from the body.

Recommended Usage: One sachet to be dissolved in 200 ml water or juice
Net Content: 15 sachets x 10 g = 150 g
MRP NPR 2555.00 incl. of all taxes

Caution: Vestige L-Arginine should be avoided by people with asthma and herpes virus. Pregnant, nursing women and people with a history of cardiac attack should consult their physician before consuming this product.





FITNESS &
DIET



VESTIGE

PROTEIN POWDER*

A low-fat soy and milk protein food supplement that provides the body with all the essential amino acids. It is soluble, easy to digest protein powder, and is quickly absorbed into the body. It contains bioactive isoflavones, which help in regulating blood cholesterol and boost immunity. It is especially beneficial for people involved in sports, weight watchers and for general wellness.

One tablespoon (10 g) of Vestige Protein Powder provides 8.2 g of protein with all essential amino acids

Recommended Usage: One tablespoon (10 g) of Vestige Protein Powder in a glass of milk, juice, soup or water. Shake well in a jar or container. Consume twice a day

Net Content: 200 g
MRP NPR 1744.00 incl. of all taxes

VESTIGE

VESLIM SHAKE

Vestige Veslim Shake is a delicious Mango and Vanilla flavoured low-GI meal replacement that provides complete nutrition without overloading you with unnecessary fats and calories. Each serving of Veslim Shake provides 20 vitamins and minerals, 9.0 g of protein, and 3.35 g of dietary fibre. Veslim Shake is an ideal drink for people trying to lose or maintain their weight in a convenient and healthy way.

Recommended Usage: Mix Three level scoop (25 g Approx.) in 300 ml water or skimmed milk. To be consumed by adults twice a day

Net Quantity: 500 g
MRP NPR 3600.00 incl. of all taxes





VESTIGE VESLIM^{**}

With Opuntia Vulgaris & Garcinia Cambogia

Veslim Capsule is a combination of four powerful herbal ingredients that work towards suppressing the appetite and help burn calories. These ingredients help to enhance metabolism while increasing stamina and endurance.

Recommended Usage:	One or two capsules on an empty stomach
Net Quantity:	90 Units (Capsules)
MRP	NPR 2330.00 incl. of all taxes

VESTIGE VESLIM TEA^{*}

With Green Tea and Green Coffee

It is a low-calorie drink which is a suggested healthier alternative to tea, coffee, aerated or sweetened beverages. It is enriched with green tea, green coffee beans and Garcinia cambogia extracts with a delicious honey-lemon flavour that refreshes and revitalises the body instantly.

Net Quantity:	150 g
MRP	NPR 1575.00 incl. of all taxes





GLYCEMIC
HEALTH



VESTIGE NEEM[^]

Neem or Azadirachta indica has antibacterial, antifungal and blood purifying properties. Neem is useful in treating and preventing skin disorders and keeping your skin healthy and glowing. Neem helps to reduce blood sugar, which makes it especially useful for people suffering from diabetes.

Each soft gelatin capsule contains:
Neem Seed Oil (Azadirachta indica) 0.25 ml

Dosage:	One capsule thrice a day after meals
Net Content:	100 softgel capsules
MRP	NPR 1166.00 incl. of all taxes

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.

VESTIGE GLUCOSAMINE^{*}

Glucosamine is a natural compound and a normal constituent of glycosaminoglycans. It is found in healthy cartilage and synovial fluid. Glucosamine helps lubricate joints and supports healthy cartilage. It helps to promote cartilage regeneration and stimulates synovial fluid production.

Each tablet contains:
Glucosamine HCl 450 mg (Containing Chondroitin)

Recommended Usage:	Two tablets twice daily after meals
Net Content:	60 tablets
MRP	NPR 1025.00 incl. of all taxes





^{*}Nutrient Requirements and Recommended Dietary Allowances for Indians.
A Report of the Expert Group of the Indian Council of Medical Research, 2009

VESTIGE CALCIUM^{**}

Calcium carbonate is a supplement used when the amount of calcium consumed in the diet is not adequate for the body. Calcium carbonate helps in building and maintaining strong and healthy bones. It is also useful in preventing dental problems. Along with Vitamin D3, it helps to increase bone density and is beneficial for older men and women. Calcium carbonate reduces the risk of osteoporosis and is particularly useful for children and women.

Each tablet contains: Calcium Carbonate 625 mg
(Equivalent to elemental calcium 250 mg) and Vitamin D3 250 IU

Recommended Usage: Adults - Two tablets per day after meals
Net Content: 100 tablets
MRP: NPR 944.00 incl. of all taxes

Recommended Dietary Allowances (RDAs) for Calcium [#]			
Age	Calcium (mg/day)		Pregnancy & Lactation
	Male	Female	
19-50 years	1000	1000	1000
51-70 years	1000	1200	NA
>70+ years	1200	1200	NA

VESTIGE GANODERMA[^]

Ganoderma lucidum is a type of mushroom that contains effective antioxidants, which help in strengthening the immune system and detoxifying the body. It has stress-relieving properties that refresh the body and calm the nerves. It promotes stamina and endurance to fight fatigue and illnesses. It also helps to improve blood circulation and energises the body. As a detoxifier, it helps to eliminate toxins from the body accumulated through the intake of various medications and helps to maintain the body balance. It also helps to maintain stability and ensure a balance between internal and external body conditions. Ganoderma enhances the overall wellness of the human body as it is a rich source of essential vitamins and nutrients.

Each capsule contains:
Ganoderma Lucidum Extract Powder (Chatrakh) 425 mg

Dosage: One capsule thrice a day
Net Content: 90 capsules
MRP: NPR 1655.00 incl. of all taxes

Caution: This product should be taken only on the advice of a health practitioner during or after pregnancy.





DETOX &
REJUVENATION



VESTIGE FIBRE*

Vestige Fibre is a special blend of 3 soluble fibres, Chicory root extract, Maltodextrin and Guar Gum. Soluble fibres attract water and form a gel, which slows down digestion giving a full feeling for long. Chicory root extract contains inulin which is the main source of fibre. It is a low calorie yet high fibre root extract that adds to the daily requirement of fibre to maintain digestive health. Inulin is prebiotic, which supports the presence of beneficial bacteria in the digestive system.

A spoon (5 g) of Vestige Dietary Fibre
contains 4 g of soluble fibre

Recommended Usage: Adults & children (12 years & above)
One teaspoon per day and gradually
increase fibre intake

Net Content: 200 g
MRP NPR 1915.00 incl. of all taxes

Caution: Not recommended for infants and children below the age of 5 years and for pregnant and lactating women

VESTIGE DETOX FOOT PATCHES

Detox Foot Patches helps you regain health and vitality by helping the body eliminate toxins through a natural process. It works on the principle of reflexology, which is based on the concept that areas on the foot correspond to different areas of the body and that manipulating these may improve health. These patches are 100% natural, safe, easy to use and provide rapid detoxification.

Net Content: 10 patches
MRP NPR 2439.00 incl. of all taxes

Note: Drink plenty of water to assist complete detoxification





VESTIGE EYE SUPPORT*

Vestige Eye Support has Marigold and Bilberry extracts, which are beneficial for eye health. These extracts are rich in Lutein, which helps in improving the eyesight, night vision and prevent eye irritation. It also helps to prevent eye disorders like macular degeneration, eye inflammation and other retina related complications.

Recommended Usage:	Two capsules daily with meals
Net Content:	30 capsules
MRP	NPR 1100.00 incl. of all taxes

VESTIGE COLLAGEN*

Collagen is the major structural protein in healthy joints and the most abundant protein found in the human body, that maintains strength and flexibility throughout the body. As we age, collagen depletion in the body can lead to wrinkles on skin, brittle bones and accelerates the degeneration of joint cartilage. Vestige Collagen with Rosehip extract and Vitamin C helps to replenish the body with vital collagen and helps in maintenance of healthy tissues. It is shown to support joint comfort, flexibility and cartilage health. It helps in reduction of inflammation, eases pain in people with stiff and immobile joints, especially in conditions like osteoarthritis.

Recommended Usage:	One sachet to be dissolved in 100 ml water. Use twice a day.
Net Content:	10 sachets x 7.5 g = 75 g
MRP	NPR 1139.00 incl. of all taxes





VESTIGE AMLA^

Amla (*Emblica officinalis*) is known for its medicinal benefits for more than 3,000 years in Ayurveda and is respected as a symbol of good health. It is a source of Vitamin C. Amla helps in improving body's immune system as it contains effective antioxidants and flavonoids. Amla is also good for digestion as it helps the body to absorb and assimilate nutrients from the food.

Each capsule contains:
Amla Extract Powder (*Emblica officinalis*) 500 mg

Dosage:	One or two capsules twice a day
Net Content:	60 capsules
MRP	NPR 389.00 incl. of all taxes

VESTIGE CURCUMIN PLUS^

Curcumin has been recognised and used worldwide in different forms for multiple potential health benefits. It has anti-oxidant and anti-inflammatory properties that help support chemotherapy and protect healthy cells from damage. It helps in the prevention of heart diseases and arthritis. Regular use helps in flushing out toxins from the body.

Dosage:	One capsule thrice daily or as advised by a physician
Indication:	Sheet pita (Urticaria), Tvag Roga
Net Content:	60 capsules
MRP	NPR 1760.00 incl. of all taxes





VESTIGE SHATAVARI MAX^

Shatavari has been used in Ayurveda for thousands of years as a female reproductive tonic. It is also known as the "Queen of Herbs" due to its numerous benefits in promoting women's health and as a hormone balancer. It is rich in plant estrogen that supports female health from adolescence to menopause. It helps to relieve symptoms of premenstrual syndrome (PMS), regulates irregular cycles and related hormonal levels.

Dosage: One capsule thrice daily or as advised by a physician
 Indication: Poustik, Stanya Vardahak
 Net Content: 90 capsules
 MRP: NPR 900.00 incl. of all taxes

VESTIGE COENZYME Q10*

Coenzyme Q10 is a natural anti-oxidant synthesised in the body. Coenzyme Q10 is a vitamin-like substance that is essential for energy production in the body. It acts as an antioxidant, helps support the heart and protects it from the harmful free radicals. It boosts energy and helps support the immune system. It helps protect the heart, kidney, and muscles.

Each soft gelatin capsule contains:
 Coenzyme Q10 (Kaneka) 100 mg

Recommended Usage: One or two capsules daily after meals
 Net Content: 30 softgel capsules
 MRP: NPR 1889.00 incl. of all taxes

Essential Parameters of Health*		
	Desirable	High
Blood Pressure	120/80 mmHg	140/90 mmHg and higher
Total Cholesterol	200 mg/dl or less	240 mg/dl and above
Fasting Blood Sugar	100 mg/dl or less	126 mg/dl and above
BMI	18.5-24.9	30 and above

*Source: Indian Heart Association



A guide to conscious diet

Health Food

Health is a holistic concept of wellness, implying physical, mental and emotional well-being. To maintain a healthy life, a proper nutritious diet has to be followed. A perfect health is 70% of your food pattern and 30% workout. A healthy food enhances your immunity and boosts your metabolism, which prevents the risk of unwanted and excessive fats from harming you.

Vestige brings you a variety of health food what happens to be indispensable to your culinary, and becomes a regular companion of your morning newspaper and evening table gossip; a catalyst of your charming physical health and muscles. Besides offering food for your body, Vestige takes great pride and delight in offering food for your mind.





LITE HOUSE RICE BRAN OIL

A nutritious edible oil produced from the oily layer of brown rice. It is physically refined through a patented process without using any harsh chemicals to retain Oryzanol content. International research reports indicate many health benefits of Oryzanol.

Net Content:	2 L (1.82 g)
MRP	NPR 967.00 incl. of all taxes



NUTRITIONAL PROTEIN POWDER*

It is a low-fat milk and whey protein food supplement. It is enriched with DHA - an important essential fatty acid that is crucial for the brain's functioning and recommended for children in their growing years. Besides vital amino acids, it contains vitamins and minerals to provide the body with essential nutrients.

Recommended Usage: Two tablespoons (30g) of Invigo Nutritional Protein Powder provide 5 g of protein along with vitamins and minerals.

Net Content:	200 g (Jar)
MRP	NPR 1500.00 incl. of all taxes





Zeta PREMIUM COFFEE

Zeta Coffee is a premium blend of carefully selected Robusta and Arabica coffee beans that brings an intense aroma and rich full-bodied flavour in your mug, which revives and refreshes you with every sip.

Net Content:	50 g
MRP	NPR 339.00 incl. of all taxes





Zeta SPECIAL TEA

Zeta Special Tea from Vestige is a select, exquisite blend of pure Assam tea, whose red liquor and intense aroma will delight and refresh your senses. It is also rich in natural antioxidants (flavonoids) to protect the cells and tissues in your body.

Net Content:	250 g
MRP	NPR 265.00 incl. of all taxes





ASSURE
natural

Natural Personal Care

Made with Kindness

Assure Natural is a cruelty-free, paraben-free and vegan range of premium skin, body and hair care products that enhance personal care experience with motherly care of nature. Made with exotic natural ingredients sourced from various parts of the world and processed with utmost care to provide the ultimate quality to the consumers. Assure Natural is definitely the brand you can rely on to care for, pamper and extol yourself.



ASSURE natural SUNSCREEN SPF 40+

Enriched with Marshmallow and Olive extracts

Assure Natural Sunscreen is a hydrating, softening, and non-greasy daily sun-care cream with SPF 40+. This protects the skin against harmful UVA and UVB rays that causes tanning, sunburns and premature ageing. Enriched with marshmallow and olive extracts, it balances the skin, giving it a shine-free finish.

Net Quantity:	75 g (When Packed)
MRP	NPR 940.00 incl. of all taxes

ASSURE natural HAIR MASK

Enriched with Coconut and Banana extracts

Made with an amazing blend of coconut and banana extracts, Assure Natural Hair Mask is a versatile hair treatment which helps to repair, nourish and hydrate hair. It prevents dandruff, controls split ends, strengthens fine hair and promotes scalp health, resulting in deeply moisturised and soft hair which shines with health.

Net Quantity:	150 g
MRP	NPR 777.00 incl. of all taxes





ASSURE
natural

LIGHTENING CREAM SPF 15

Enriched with Passion Fruit extract

Assure Natural Lightening Cream SPF 15 increases hydration, restores the skin structure, combats oxidative stress that causes premature ageing and dark spots. Enriched with passion fruit extract, which is high in Vitamin C and antioxidants, it keeps the skin firm and youthful.

Net Quantity:	75 g (When Packed)
MRP	NPR 777.00 incl. of all taxes

ASSURE *natural* FACE SCRUB

Enriched with Papaya Pulp extract

Assure Natural Face Scrub is enriched with the goodness of real papaya extract that gently removes dead skin cells and leaves the skin soft, supple and radiant. It is rich in antioxidants, clears skin pigmentation and reduces dark spots. It slows down the ageing process by retaining the required moisture in the skin.

Net Quantity:	75 g
MRP	NPR 570.00 incl. of all taxes





ASSURE *natural* DAY CREAM

Enriched with Moringa extract
and Amazonian Murumuru Butter

Assure Natural Day Cream is a lightweight and fast-absorbing moisturising cream with Moringa and Amazonian Murumuru butter extracts. These ingredients regenerate cells and provide long-lasting hydration, making the skin smooth, soft and radiant.

Net Quantity:	100 g (When Packed)
MRP	NPR 666.00 incl. of all taxes

ASSURE
natural

CHARCOAL PEEL-OFF MASK

Enriched with Diamond Dust and Bamboo Charcoal powder

Assure Natural Charcoal Peel-Off Mask is a detoxifying and skin brightening formula that helps to pull out blackheads, dead skin, and excess oil and improves the skin tone while adding youthful radiance. It also repairs skin damage and increases hydration.

Net Quantity:	75 g
MRP	NPR 527.00 incl. of all taxes





Assuring a beautiful you

Personal Care

Assure is a complete range for daily skin, hair and body care. With best of the natural and well-researched ingredients, it gives assurance to provide healthy and glowing skin and hair every day. It gives nourishment and care needed for a radiant and younger looking skin.



ASSURE ANTI-AGEING NIGHT CREAM

(Serum based cream enriched with Grape stem cells that restore wrinkled & sagging skin)

A revitalising night cream that helps in repairing daily skin damage, lighten fine lines and wrinkles while you sleep. It boosts skin hydration, restores firmness and evens out imperfections. It is enriched with anti-ageing ingredients that rejuvenate cells and strengthen the natural defence of the skin.

Net Content:	60 g
MRP	NPR 439.00 incl. of all taxes

ASSURE COMPLETE FAIRNESS CREAM

Effectively improves skin complexion and makes it look radiant with continuous use. This cream is infused with a unique whitening complex that gives a natural glow to the skin and helps to lighten dark spots. It gets absorbed easily to give an even-toned and fairer skin.

Net Content:	50 g
MRP	NPR 333.00 incl. of all taxes





ASSURE INSTANT GLOW FACE PACK

(Enriched with natural oil absorbing Fuller's Earth & Kaolin Clay)

Assure Instant Glow Face Pack is a unique combination of natural ingredients that helps to clarify skin from deep within. Enriched with natural clays that cleanse the impurities of the skin from within to reveal a natural glow.

Net Content:	60 g
MRP	NPR 300.00 incl. of all taxes

ASSURE CLARIFYING FACE WASH

(Enriched with Carrot and Neem Seed Oil Beads, releases the oils on application with water)

It is a gentle yet effective face cleanser that helps to clear the skin without over-drying. It is enriched with carrot and neem seed oil beads that help to prevent breakouts. It washes away excess oil making the skin feel fresh, clean and radiant.

Net Content:	60 g
MRP	NPR 294.00 incl. of all taxes





ASSURE FACIAL MASSAGE CREAM

(Enriched with natural oils of Olive, Almond & Sunflower)

A pampering and nourishing facial massage cream enriched with natural oils that help to hydrate and give smooth and youthful resilience to the skin. Continuous use helps to improve moisture content and texture of the skin.

Net Content: 60 g
MRP NPR 435.00 incl. of all taxes

ASSURE EXFOLIATING FACE SCRUB

A gentle and creamy facial scrub with natural scrub particles that exfoliate dead skin cells to reveal a brighter, clearer and smoother complexion. It effectively clears clogged pores without excessively drying out the skin or disturbing the natural moisture balance.

Net Content: 60 g
MRP NPR 517.00 incl. of all taxes





ASSURE SUN DEFENSE SPF 30+

A daily sun care cream that protects against harmful UVA and UVB rays that cause skin tanning, sunburns, and premature ageing.

- Extra protection from UV damage
- Prevents skin tanning
- Protects the skin from dark spots, freckles, sun spots and sunburn

Net Content: 60 g
MRP NPR 456.00 incl. of all taxes

ASSURE BB CREAM SPF 30+

An all-in-one beauty solution for common skin problems like uneven skin tone, pimple marks, rough and dull complexion. Blends perfectly with all skin tones and gives a natural and healthy glow.

- Brightens complexion
- Evens skin tone
- SPF 30+ & PA++ protection
- Reduces fine lines
- Instantly covers dark spots
- Luminous makeup finish

Net Content: 30 g
MRP NPR 778.00 incl. of all taxes





ASSURE PURIFYING CLEANSER + TONER

Effectively cleanses away impurities, makeup, and excess oil without drying out the skin. Its deep cleansing action unclogs pores, removes blackheads and pollutants from the skin. It also tones the skin and makes it look radiant and firm.

Net Content:	250 ml
MRP	NPR 530.00 incl. of all taxes

ASSURE DAILY MOISTURISER

(Enriched with Mango Butter, Sunflower & Olive Oil)

This moisturiser nourishes the skin from deep within leaving it soft, smooth and supple. It has a lightweight and non-greasy formula that easily absorbs into the skin and gives the skin a healthy glow. Perfect all-day moisturiser for silky soft skin.

Net Content:	250 ml
MRP	NPR 485.00 incl. of all taxes





ASSURE FOOT CREAM

Nourishes and softens dry and rough feet preventing cracks and skin irritations. Enriched with witch hazel extract and effective skin emollients that hydrate the skin and lock moisture for a longer time. It soothes tired feet and gives protection from dryness and cracks.

Net Content: 50 g
MRP NPR 283.00 incl. of all taxes

ASSURE HAND & BODY LOTION

Rebalances the essential moisture and glow of the skin. It maintains the skin elasticity by making it soft and supple. It deeply nourishes the skin and helps restore skin's natural oils. The soft and flowery scent invigorates the senses and keeps the skin nourished all day long.

Net Content: 250 ml
MRP NPR 422.00 incl. of all taxes





ASSURE VITAMIN C GEL CRÈME

Enriched with Kakadu Plum, Vitamin C and Pomegranate

Soothe yourself with a gel that results in plump, hydrated and glowing skin! Assure Vitamin C Gel Crème gives perfect hydration and improves skin texture without any stickiness. The lightweight gel crème formula is enriched with Vitamin C and absorbs into the skin easily, resulting in instant moisturisation and an even skin tone with continued use.

Net Quantity: 50 g (When packed)
MRP NPR 510.00 incl. of all taxes

ASSURE VITAMIN C FACIAL FOAM

Enriched with Kakadu Plum and Vitamin C

Infused with the goodness of Vitamin C, Assure Vitamin C Facial Foam helps in thoroughly removing dirt, sweat and excess oil from the skin's surface and from within pores. Get a clean, smooth and glowing look with this gentle face wash which also balances the skin's pH and removes dead skin cells.

Net Volume: 100 ml
MRP NPR 720.00 incl. of all taxes





ASSURE SOAP

This soap is a unique blend of Neem, Tulsi, and Pudina. It protects the skin without drying it out. It also disinfects and refreshes the skin leaving it fresh and rejuvenated.

Net Content:	100 g
MRP	NPR 83.00 incl. of all taxes

ASSURE COMPLEXION BAR

Unique Blend of Kesar, Olive & Honey

Assure Complexion Bar is a nourishing and moisturising bathing bar that cleanses the skin leaving it clean, soft and supple. It is enriched with brightening extracts of Kesar, Olive and Honey that enhances the complexion.

Net Quantity:	75 g (When packed)
MRP	NPR 132.00 incl. of all taxes





ASSURE HAND WASH

Gentle & Effective Cleansing Care

New improved Assure Hand Wash gives the hands a gentle care with mild yet effective cleansing agents. It is enriched with Neem and Aloe Vera extracts that moisturise and provide gentle protection without drying out the skin. The refreshing fragrance keeps the hands fresh for long.

Net Content:	250 ml
MRP	NPR 250.00 incl. of all taxes





ASSURE HAIR CONDITIONER

Enriched with White Water Lily extract

A moisture-rich conditioning formula to prevent hair frizziness and repair damaged hair. It is fortified with nourishing ingredients that give extra smoothness and bounce to the hair. Enriched with the goodness of white water lily this is the perfect formula for nourished hair.

Net Quantity: 75 g
MRP NPR 444.00 incl. of all taxes

ASSURE HAIR SPA

Enriched with Soy, Corn & Wheat Protein

A nourishing and caring spa for your hair enriched with soy, corn and wheat protein to strengthen the hair strands. This intense conditioning formula penetrates deep into the hair and scalp to help repair damaged roots and strands. Specially formulated for weak and dull tresses, it provides intense hydration therapy to give extra smoothness, shine and bounce to your hair.

Net Quantity: 150 g
MRP NPR 750.00 incl. of all taxes





ASSURE HAIR OIL

It provides nourishment to the hair from the roots to the tips. Its special non-greasy formula helps to prevent hair loss and controls dandruff. It also helps in reducing premature greying, improves the hair texture, and adds lustre.

Net Content:	200 ml
MRP	NPR 306.00 incl. of all taxes

ASSURE DEEP CLEANSE SHAMPOO

Effectively rinses away dirt and impurities. It gives the required amount of moisture to the hair leaving them healthy and supple. It helps to manage excessive oil secretion from the scalp and leaves the hair fresh and bouncy.

Net Content:	200 ml
MRP	NPR 344.00 incl. of all taxes





ASSURE MOISTURE RICH SHAMPOO

Specially formulated for dry and damaged hair, it gently cleanses the hair making it manageable and smooth. This shampoo is enriched with milk protein that hydrates dry hair and makes them soft and shiny. Green tea extract nourishes the hair and strengthens it from the root to tip.

Net Content: 200 ml
MRP NPR 344.00 incl. of all taxes

ASSURE DAILY CARE SHAMPOO

This shampoo is enriched with avocado oil and rosemary extracts that help to manage moisture levels of the hair without stripping off its natural oils. It adds extra bounce to the hair and it is mild enough for everyday use. The regular usage of this shampoo will make the hair glossy, smooth, and healthy.

Net Content: 200 ml
MRP NPR 344.00 incl. of all taxes





ASSURE COLOUR PROTECT SHAMPOO

Assure Colour Protect Shampoo moisturises dry-coloured hair and repairs damaged coloured hair. It comes with a unique UV ray protection barrier that helps your hair stay nourished, makes your hair silky smooth, and prolongs the hair colour. It is packed with ingredients like Hydrolysed Wheat Protein, Linseed oil, Vitamin E, and Vitamin B5. Linseed oil works as the UV ray protection barrier, nourishes the fiber of your hair, and makes your hair silky smooth. Whereas Vitamin B5 helps in strengthening while nourishing hair follicles, promoting healthier hair growth, and preventing hair loss. Love your coloured hair more with Assure Colour Protect Shampoo!

Net Volume:	150 ml
MRP	NPR 444.00 incl. of all taxes

ASSURE ANTI-HAIRFALL BOUNCE RESTORE SHAMPOO

This shampoo is enriched with Hydrolysed Wheat Protein and Amino Acids. It is a gentle formula that cleanses the scalp and is ideal for fragile hair hence improving the hair quality and preventing hair breakage. It increases the elasticity of your hair by controlling the loss of moisture from your strands. It helps in the hydration and nourishment of hair fiber by providing deep fiber restoration and split-end repair with anti-breakage properties. In addition, it restores the bounce-back appearance of the hair making it look fuller and healthier.

Net Volume:	150 ml
MRP	NPR 444.00 incl. of all taxes





ASSURE KERATIN SMOOTHENING SHAMPOO

Assure Keratin Smoothing Shampoo is enriched with Hydrolysed Keratin and Vitamin E that helps your hair restore its softness. It provides intense hydration, relieves dryness and repairs damage caused to hair by chemical treatment. It revitalises the hair follicles and refines hair texture by filling the microscopic gaps. More importantly, it reduces hair breakage, strengthens it by replenishing cysteine, and soothes the scalp to improve hair health.

Net Volume:	150 ml
MRP	NPR 444.00 incl. of all taxes

ASSURE ASSURE DAMAGE PROTECTION LEAVE-ON HAIR SERUM

The Assure Damage Protection Leave-On Hair Serum is specially designed to smoothen and repair your damaged hair. It is enriched with 7 types of oils and is accompanied by the goodness of Vitamin E. The 7 types of oil that are blended in this hair serum are almond, sunflower, amla, olive, soy, jojoba, and rapeseed. It protects your hair from harmful UV rays, helps de-tangle, enhances shine, strengthens hair follicles, reduces breakage, unlocks moisture, and provides an ultimate solution to split-ends. Complete your hair care regime with this hair serum.

Net Volume:	30 ml
MRP	NPR 500.00 incl. of all taxes





ASSURE

ASSURE INTENSIVE CARE RINSE OFF CONDITIONER

This Assure Intensive Care Rinse Off Conditioner is specially designed to detangle and condition for smoother lustrous looking healthy hair. It has the power of 7 oils like amla, almond, olive, sunflower, jojoba, rapeseed, and soy. Comes with the goodness of Vitamin E, it is paraben and silicone free as well. It repairs brittle hair, reduces breakage, restores hair health, enhances shine, unlocks moisture, works on split-ends, and controls hair fall. Use it after every hair wash to get better results. Treat your hair better with Assure Intensive Care Rinse Off Conditioner.

Net Volume:	100 ml
MRP	NPR 510.00 incl. of all taxes





FOR
HIM



ASSURE RAPTURE

Assure Rapture for women has a refreshing fragrance that protects against body odour and makes you feel fresh, active and energetic all day long.

Net Content: 125 ml (71 g)
MRP NPR 334.00 incl. of all taxes

ASSURE ACTIVE

Assure Active for men is an invigorating, refreshing fragrance with natural extracts that provides powerful odour protection all day long.

Net Content: 150 ml (95 g)
MRP NPR 433.00 incl. of all taxes





ASSURE CHARISMA PERFUME SPRAY

The timeless classic sweet and subtle fragrance for the trendy and unique you. An ideal wear that keeps you smelling great all day long and effortlessly brings out the charm factor in you. Make everyone turn around with this magical fragrance.

Net Content:	18 ml
MRP	NPR 167.00 incl. of all taxes

ASSURE AURA PERFUME SPRAY

A no-gas perfume spray with a tantalising fragrance that makes your mood positive and revives your spirit. It lets you be who you are and truly impresses everyone around you with your own aura.

Net Content:	100 ml (85.5 g)
MRP	NPR 866.00 incl. of all taxes





ASSURE BLOSSOM PERFUME SPRAY

Let the floral fragrance mark your day with confidence. Its sparkling floral note with a blend of jasmine keeps you natural and refreshed all day long. Stay ahead of all with this mesmerising floral aura.

Net Content:	18 ml
MRP	NPR 167.00 incl. of all taxes

ASSURE CAPTIVE PERFUME SPRAY

Your pocket-friendly secret of being desirable anytime, anywhere. It offers a captivating and long-lasting fragrance with bursts of cologne to keep you energised and active during all your daily activities.

Net Content:	18 ml
MRP	NPR 167.00 incl. of all taxes





ASSURE ENCHANT BODY TALC

Assure Enchant Body Talc has a refreshing fragrance of exotic flowers. It keeps body odour away and makes you feel fresh and vibrant all day long.

Net Content:	100 g
MRP	NPR 165.00 incl. of all taxes

ASSURE FORCE FRESH BODY TALC

A rejuvenating musky fragrance that refreshes the mind and energises the body. Its unique formula keeps you fresh and active throughout the day.

Net Content:	100 g
MRP	NPR 165.00 incl. of all taxes





Because you
are the
hallmark of
cleanliness
& good
health

Women Hygiene

A modern woman deals with a lot of challenges and stress in her regular course of life, at work and at home. Cleanliness and tenderness are basic feminine characteristics, which she not only practises, but also inspires the world to practice. In her pursuit of achieving success in life, she must also take care of herself in more ways than one. Intimate hygiene is one of the core areas of self-care that she must focus upon to stay healthy and free from worries.

In its pursuit of empowering modern women with good health and a better quality of life, Vestige is introducing its Women's Hygiene brand - DewGarden. Under it, Vestige will bring truly remarkable products that not only care for women's hygiene needs in multiple ways, but also add to her confidence, inner beauty and feminine tenderness through an uncompromising combination of hygiene and self-care.



DewGarden SANITARY NAPKIN

DewGarden Sanitary Napkin is an eight-layered napkin embedded with anti-bacterial, Graphene-Anion chip and Far Infrared Ray (FIR) function. This combination helps in inhibiting the reproduction of bacteria and the production of foul smell. Its 100% cotton top layer keeps you comfortable and confident for longer hours.

Net Content:	10 Units
MRP	NPR 489.00 incl. of all taxes

DewGarden FOAMING INTIMATE WASH

pH Balanced with Blueberry, Sea Buckthorn & Chamomile Flower extracts

Odour Block Protection

DewGarden Foaming Intimate Wash is a soap-free and alcohol-free solution with a pH of 3.7 ± 0.5 , which is ideal for the female intimate area. It contains the extracts of Blueberry, Sea Buckthorn, and Chamomile flower, which offer a pleasant and soothing fragrance with an odour-block protection power.

Net Volume:	80 ml
MRP	NPR 400.00 incl. of all taxes





Complete dental hygiene for you

Oral Care

A smile can win the world for you. Oral health is an important part of your well-being, it requires an equal care and importance to enhance your health in totality. Poor oral hygiene leads to several dental problems, which leaves people in agony and creates a negative impression about them. But no worries, Vestige comes to your rescue. It brings you an innovative oral care range that helps you fight germs and dental cavities. Our oral care products enhance your gum health and brim you with the confidence to smile.



dentASSURE MOUTHWASH

Dentassure Mouthwash helps to maintain healthy gums and protects against plaque formation. It has a refreshing mint flavour which provides long-lasting fresh breath and helps to eliminate germs responsible for bad breath. It also maintains the aesthetics and health of teeth.

Net Content:	250 ml
MRP	NPR 334.00 incl. of all taxes

dentASSURE TOOTHPASTE

A unique formula that comes with the dual protection of Neem and Clove. It fights germs and dental cavities. It supports gum health and contains calcium that strengthens teeth.

Use it daily for fresh breath and sparkling teeth.

Net Content:	100 g
MRP	NPR 167.00 incl. of all taxes





dentASSURE

WHITENING TOOTHPASTE

Gently polishes the teeth, removes surface stains, such as those caused by drinking coffee or smoking and helps retain natural whiteness of the teeth. It has a cool mint flavour that gives long-lasting fresh breath and keeps your mouth fresh and clean for all day long.

Net Content: 90 g

MRP NPR 228.00 incl. of all taxes

dentASSURE

MULTI-ACTION TOOTHBRUSH

The new Dentassure Multi-Action Toothbrush with 100% DuPont bristles provides superior all-round cleaning of the entire mouth. It has rounded bristles with extended tip for cleaning hard to reach places, a moulded tongue cleaner to help freshen up the breath and a gentle gum massager. Its sturdy grip and flexible neck allow easy navigation that helps to clean the mouth completely.

Net Content: 4 Units

MRP NPR 450.00 incl. of all taxes





dentASSURE GANO TOOTHPASTE

Dentassure Gano Toothpaste is a healthy toothpaste that is powered by the king of all mushrooms – Ganoderma. It is a unique product that helps to refresh the mouth and has anti-bacterial property. It also helps in gaining fresh breath and in whitening the teeth.

Net Content:	100 g
MRP	NPR 289.00 incl. of all taxes





A home that defines you

Home Care

A clean and hygienic house leads to a healthy life. Cleanliness, proper hygiene and sanitation ought to be inculcated in us in order to prevent the spread of diseases. Remember, your house leaves an impression of you and your lifestyle on others. Vestige has come up with the motive to keep your home clean and stain-free. From sparkling clean utensils to the lucent shining glass windows and floors, our products give complete protection from germs and purify the air within the house.



HyVest ULTRA SCRUB

DISHWASHING LIQUID
(With **Ultra Degrease Formula**)

Ultra Scrub Dishwashing Liquid is a concentrated formula for cleaning dishes and utensils. It possesses superior oil and grease removal properties that help in cleaning dishes easily without being harsh on hands. It effectively removes stubborn grease from utensils leaving them shining like new.

Use on: Stainless steel & aluminium utensils, non-stick cookware, glassware, bone china, melamine, ceramic crockery and others

- High degreasing strength
- Cuts through toughest grease and oil residue
- Removes food smell
- Leaves utensils sparkling clean

Net Content: 500 ml

MRP NPR 365.00 incl. of all taxes



Hyvest ULTRA WASH

LIQUID LAUNDRY DETERGENT
(Pro-Enzyme Antibacterial Formula)

Ultra Wash Liquid Laundry Detergent is a concentrated antibacterial formula with active enzyme technology that is tough on stains and gentle on hands. Its superior cleaning properties effectively remove dirt, grime and odour from clothes. This gentle and antibacterial detergent leaves the fabric soft and germ-free, which makes it safe even for baby clothes. Effective for both machine and hand wash it leaves the clothes shining like new with long-lasting fragrance. It brightens up the whites and does not fade coloured clothes.

Use on: All types of clothes including, cotton, synthetics, chiffons, georgette, jeans, sheets, quilts etc.
(Not recommended for use on wool and silk)

- Powerful enzymatic cleaning action on tough stains
- Protects and leaves the fabric soft
- Requires less water
- Enriched with antibacterial Neem extract

Net Content:	500 ml
MRP	NPR 667.00 incl. of all taxes



HyVest ULTRA SHINE

GLASS AND HOUSEHOLD CLEANER
(Concentrated Sanitizer)

Ultra Shine Glass and Household Cleaner is a concentrated liquid that gives powerful cleaning performance, removes dust and lint leaving the surface sparkling clean. Effectively removes stains and fingerprints without leaving any harmful residue. Concentrated formula gives an economical cost per usage at 1:2 dilution ratio with water. Enriched with extra shine promoters for superior performance. Does not contain any toxic volatile substances and is safe to use.

Use on: Glass, mirrors, laminated furniture, TV, electronic appliances surface, fridge doors, microwave doors, kitchen appliances and cabinets etc.

- With powerful shine promoters
- No oil residue
- Removes static charge
- Soft on hands

Net Content:	500 ml
MRP	NPR 300.00 incl. of all taxes



Hyvest ULTRA SWAB

FLOOR CLEANING SOLUTION
(Powerful **Anti-microbial Action**)

Ultra Swab Floor Cleaning Solution is a concentrated formula for daily cleaning and mopping. Its unique formula gives total germ protection by killing 99.9% of germs, including bacteria, virus and fungus, on floors and surfaces. It effectively removes tough stains, dirt and grime from all kinds of household surfaces and leaves the mopped area refreshingly clean with its long-lasting fragrance.

Use on: All kind of floors and surfaces - marble, mosaic, wooden, granite, ceramic, kitchen countertops, tiles, bathroom floors etc.

- Unique formulation kills 99.9% germs
- Removes tough stains
- Easily cuts through dirt and grime
- Refreshing and lasting flowery fragrance

Net Content: 500 ml

MRP NPR 390.00 incl. of all taxes

Application and Cost per usage:

APPLICATION	AMOUNT	COST PER USAGE	NO. OF USAGE PER BOTTLE
Mopping home floors (marble, ceramic, granite, tiles, etc.)	2 spoons (10 ml) or 1/2 cap in 1/4 bucket (4L) of water	NPR 4.30*	50 days of cleaning

*Cost as per MRP



Hyvest ULTRA MATIC

DETERGENT POWDER
(With **Oxygen** Power)

Hyvest Ultra Matic detergent powder provides superior cleaning and its stain-removing property keeps the clothes bright and fresh for long. It has optical brighteners for white and coloured clothes that give a new life to the clothes after every wash. It is enriched with enzymes that help to remove tough food stains along with a long-lasting and refreshing floral fragrance.

Net Content:	500 g
MRP	NPR 300.00 incl. of all taxes



Hyvest ULTRA GUARD

DISINFECTANT TOILET CLEANER
(Cleans and Disinfects Powerfully)

Hyvest Ultra Guard is an advanced thick formula that powerfully cleans and disinfects the toilet. It effectively dissolves toughest stains, lime scale build-up and residues, leaving behind a sparkling clean bathroom with a refreshing fragrance. Regular use of Ultra Guard prevents the build-up of stains in the toilet bowl and keeps it visibly clean with effective germ removal.

Net Content:	500 ml
MRP	NPR 223.00 incl. of all taxes





Get the
essence of
a true man

TRUMAN
P O U R H O M M E

Truman is a comprehensive premium and exclusive range of men's grooming products for skin, hair and personal care. It celebrates the best of manhood that is also where its name comes from. Truman is proudly masculine, tough and yet suave; sexy as well as chivalrous. Truman's identity is a unique blend of nobility, tough masculinity, timeless elegance and modernity. Truman is the ultimate symbol of the well-groomed man, one of the keys to success in life.



TRUMAN
POUR HOMME

BATHING BAR

Especially formulated for men's skin, glycerin-based transparent bar for invigorating freshness all day long. Enriched with essential oils, aloe vera and Vitamin E that nourish the skin for smooth and fresh feel.

Net Content:	125 g (when packed)
MRP	NPR 245.00 incl. of all taxes



Beauty demands a little magic every day.

Mistral of Milan

She holds a mystery in her eyes and a secret in her heart. She is fierce. She is strong. She is Mistral, the wind of change that cuts through the clouds and brings freshness all around. We salute the woman of today and bring for her the ultimate accessory to her beauty - Mistral of Milan, a complete range of premium quality colour cosmetics, that lets her be anything she wants to be. **So go ahead and celebrate life with some colour!**

All our products are:....





read my
lips

CRÈME MATTE LIPSTICK

- Enriched with SPF 15 • Full coverage • Long stay
- Deeply moisturising

Available in 11 classic shades that never go out of style.

Net Wt.: 4.2 g | MRP NPR 666.00 incl. of all taxes

LONG WEAR LIQUID LIPSTICK

- Intense colour • Velvet matte finish • Ultra long-lasting
- Available in 7 luxurious shades.

Net Vol.: 6 ml | MRP NPR 1033.00 incl. of all taxes



Let the eyes do the
talking

SHOWTIME MASCARA

• Volumising • High definition • Waterproof • Long-lasting

Net Vol.: 8 ml | MRP NPR 1022.00 incl. of all taxes

DEEP DEFINE KAJAL (BLACK)

• Extreme black • Super smooth • Great for waterline

Net Wt.: 2.5 g | MRP NPR 460.00 incl. of all taxes



for a
picture perfect
face

MAKEUP PRO FIX LOOSE POWDER

• Pearly finish • Perfect radiance •
Feathery feel • Skin perfection matte finish

Net Wt.: 6 g | MRP NPR 978.00 incl. of all taxes

Vellino



PERFECT MATTE COMPACT POWDER WITH SPF 15

- Ultra-lightweight formula
 - Natural matte finish
 - Long-lasting coverage
- Available in 3 shades to beautify your skin tone.

Net Wt.: 9 g | NPR 361.00 incl. of all taxes

PINK 'N' POUT LIP TINT

- Hydrating
- Nourishing
- Vitamin A & E enriched
- Moisturising

Net Wt.: 3.6 g | NPR 438.00 incl. of all taxes

Beauty, Friends, Fun



In pursuit of perfection

Skin Formula 9

Skin Formula 9 is the result of our relentless quest to create the perfect skincare range that fulfils every woman's dream of possessing beautiful, immaculate skin. Long research and numerous trials later, the outcome is a perfectly balanced formulation, which is an amalgamation of multi-functional natural ingredients with the latest in biotechnology.

Skin Formula 9 is an advanced and sophisticated skincare range that focuses on providing superior skin nourishment and repair so that you can have a breathtakingly radiant and flawless complexion at any age.





Reveal your true radiance

Multi-action radiance inducing cream for dull uneven skin

SKIN FORMULA

BRIGHTENING TREATMENT

A corrective, multi-action, radiance-inducing, formula with a special Stem Cell Blend that helps the skin's natural detoxification system. Its concentrated formula gives an immediately visible transformation to an even-toned and luminous complexion exposing a brighter younger looking skin.

Net Content:	50 g
MRP	NPR 4417.00 incl. of all taxes

Key benefits:

- Instantly brightens the complexion
- Evens out skin tone remarkably
- Provides optimum conditioning to the skin
- Helps improve skin clarity, tone & firmness

Direction for usage:

- Apply over thoroughly cleansed skin in upward circular motions
- Allow it to get fully absorbed into the skin for a few minutes and then use a suitable day or night cream
- For best results, apply twice daily
- Suitable for all skin types

Re-ignite the youthful light of your eyes

A corrective anti-wrinkle & firming serum for under eye puffiness, wrinkle & dark circles

SKIN FORMULA

UNDER EYE SERUM

A luxurious and concentrated formula enriched with a blend of superior eye regenerators and powerful hydrating agents that tightens, brightens and revitalises the delicate areas of the eyes. It alleviates the appearance of puffiness, dark circles, and signs of fatigue with a unique combination of botanical actives.

Net Content: 15 ml

MRP NPR 2083.00 incl. of all taxes

Key benefits:

- Soothe visible fine lines and crow's feet around eyes
- Increases skin water content and hydration
- Improves skin tone and firmness

Direction for usage:

- Apply a small amount on the cleansed skin around the area under the eyes, outer corners and eyelids, using gentle strokes and smooth-in until thoroughly absorbed
- Use before going to bed to boost skin's ability to recharge and rehydrate during the nightly repair process
- For best results use twice daily; suitable for all skin types



Blemish control and toning for brighter looking skin



GLOW SHEET MASK VITAMIN C

Our Glow Sheet Mask Vitamin C is packed with papaya and lemon juice extracts, which instantly make flaky and dull skin look brighter and smoother. Enriched with niacinamide, it helps to remove blemishes, tones your skin and improves texture by making pores look smaller. Its anti-blemishing and toning properties refresh and rejuvenate skin adding to the glow of your face, naturally.

Net Content:	30 g
MRP	NPR 639.00 incl. of all taxes

Key benefits:

- Enriched with Vitamin C and niacinamide
- Anti-blemish and toning properties
- Refreshes and rejuvenates skin

Direction for usage:

- Unfold the mask.
- Apply on cleansed face. Adjust the mask to the contours of your face.
- Leave it on for 15 mins.
- Remove mask.
- Gently massage in any excess serum, or use a cotton pad to remove.



Energise your dull and dry skin
with an extra boost of moisture



GLOW SHEET MASK INTENSE HYDRATION

Our moisture-rich hydrating Glow Sheet Mask is made with oat extracts, which helps to strengthen weakened skin barriers. Packed with nutrients such as sodium hyaluronate, it adds energy and moisture to the dry and exhausted skin making it soft and supple instantly. Moisturise your skin in a short time with this sheet mask.

Net Content:	30 g
MRP	NPR 620.00 incl. of all taxes

Key benefits:

- Instantly moisturises skin
- Makes skin soft and supple
- Refreshes and rejuvenates skin

Direction for usage:

- Unfold the mask.
- Apply on cleansed face. Adjust the mask to the contours of your face.
- Leave it on for 15 mins.
- Remove mask.
- Gently massage in any excess serum, or use a cotton pad to remove.



Anti-ageing and anti-wrinkle with instant hydration



GLOW SHEET MASK VITAMIN E

Glow Sheet Mask Vitamin E is infused with bisabolol and rapeseed extracts providing instant moisturisation and lifting effect to the skin. It provides instant hydration and radiant glow to the skin and delays the signs of ageing. It leaves your skin fresh, smooth and young.

Net Quantity: 30 g

MRP NPR 540.00 incl. of all taxes

Key benefits:

- Anti-ageing and anti-wrinkle
- Refreshes skin, making it feel younger
- Hydrates and nourishes skin

Direction for usage:

- Unfold the mask.
- Apply on cleansed face.
- Adjust the mask to the contours of your face.
- Leave it on for 15 mins.
- Remove mask.
- Gently massage in any excess serum, or use a cotton pad to remove.





A rejuvenation formula that works round the clock

Advanced moisture relief for dehydrated skin



INTENSE HYDRATION CREAM

A rich hydrating experience with a perfect blend of deep conditioning agents. Its specialised skin hydration formula restores lost moisture in the outer layers of the skin and gives round the clock suppleness. Especially suitable for dry and dehydrated areas of the skin; its whipped cream like texture glides smoothly through the skin and rapidly absorbs into the deeper layers giving a smooth, oil-free and even texture to the skin.

Net Content:	50 g
MRP	NPR 2,775.00 incl. of all taxes

Key benefits:

- Instantly recharges the skin with moisture
- Improves skin texture and nourishes the skin
- Provides longer hydration

Direction for usage:

Apply over thoroughly cleansed skin using gentle circular strokes. It can be used whenever the skin needs to revamp to a state of suppleness



Reactivate your youth

Advanced youth activating lotion for dull ageing skin



YOUTH ELIXIR

An exquisite blend of precious gold dust and multi-functional botanical actives that instantly boosts the skin's natural radiance and gives it a supple, renewed and youthful look. A youth extending serum, which works to restore skin's elasticity, remarkably reduces the appearance of wrinkles.

Net Content:	25 ml
MRP	NPR 3,165.00 incl. of all taxes

Key benefits:

- Reduces the appearance of wrinkles and fine lines
- Boosts skin elasticity & suppleness
- Stimulates collagen synthesis, that improves skin elasticity & firmness

Direction for usage:

Apply over thoroughly cleansed skin, i.e. face and neck in upward circular motions. Allow it to get fully absorbed into the skin for a few minutes and then use a suitable day or night cream. For best results apply twice daily.

Refined cleansing with utmost care

Advanced skin refining and renewing oil for naturally cleansing the skin



DEEP CLEANSING OIL

The most effective way to cleanse skin naturally! Free of soap, detergents, and harsh cleansing agents, this wonderful oil gently dissolves makeup, impurities, dirt, oil and grime to make the skin fresh, healthy, and soft. The unique water-soluble non-greasy formula is designed to comfortably cleanse, nurture skin, and provide superior dirt removal while maintaining skin's natural moisture levels without clogging pores.

Net Content: 25 ml

MRP NPR 2,575.00 incl. of all taxes

Key benefits:

- Deeply cleanses the skin
- Perfect cleanser for dry & sensitive skin
- Flushes away dirt & grime

Direction for usage:

- Pump a small amount on the hands and massage using gentle strokes on dry skin
- Wet your hands with few drops of water and then massage your face and neck again
- The oil will turn into a smooth lotion. Rinse your face with plain water and pat dry
- Avoid contact with eyes, in case of eye contact immediately splash cold water and rinse your eyes





Get blissful look free from spots & marks

A perfecting serum to target unwanted imperfection

SKIN FORMULA

BLEMISH GEL

Targets, treats and reduces the appearance of dark spots, blemishes and acne spots with the proven power of tea tree oil, eucalyptus oil, and salicylic acid. The clear gel does not clog pores and controls oil secretion.

Net Content:	15 ml
MRP	NPR 2,053.00 incl. of all taxes

Key benefits:

- Targets imperfections
- Light-weight fast absorbing non-comedogenic formula
- Reduces the appearance of acne, blemishes and marks

Direction for usage:

- After thoroughly cleansing the face and neck, apply precisely on affected areas of the skin using the applicator directly
- Let it dry for few seconds and follow with makeup and or sunscreen
- For best results use twice daily on affected area
- Clean the mouth of the applicator after every use to avoid further proliferation
- Avoid direct sun exposure after application of the product

For Regeneration of Skin Cells



SKIN PERFECTING VITAMIN C SERUM

Treat your pigmented, patchy skin with this face serum that moisturises and brightens the skin, reduces signs of ageing and repairs damaged skin at the cellular level. This face serum is infused with the goodness of kakadu plum, papaya and lemon that boosts free-radical defence, lowers inflammation, and ensures the regeneration of skin cells.

Net Content:	50 ml
MRP	NPR 2000.00 incl. of all taxes

Key benefits:

- Helps regenerate and replenish skin cells
- Gentle and calming
- Moisturises and heals skin from within

Direction for usage:

- Apply a small amount on cleansed face and neck.
- Wait for a few minutes for the serum to get fully absorbed into the skin.





Enriched with argan oil for
silky smooth skin

SKIN FORMULA 9

GOLD PEEL-OFF MASK

This unique mask contains the richness of argan oil which effectively softens dry patches, lightly moisturises your skin and gives an instant radiant glow. It helps to correct uneven skin tone while nourishing your skin deeply.

Net Content:	50 g
MRP	NPR 1,260.00 incl. of all taxes

Key benefits:

- Moisturises and nourishes skin
- Softens skin texture
- Gives skin a youthful glow

Direction for usage:

- Apply evenly over cleansed face, avoiding area around eyes.
- Allow it to dry for 15 minutes.
- Gently peel it off and pat dry with wipes or a soft towel.

For smooth and radiant skin



RADIANT GLOW FACE MIST

This Radiant Glow Face Mist hydrates, soothes, refreshes, and instantly gives the skin a healthy and radiant glow. This gentle face mist is enriched with Damascus Rose extract that soothes inflammation, and lift away old skin cells. It instantly plumps, refreshes and improves skin moisture, and conditions it over a period of time.

Net Content: 50 ml

MRP NPR 1,140.00 incl. of all taxes

Key benefits:

- Instantly refreshes and hydrates skin
- Gives skin a healthy and radiant glow
- Makes skin soft and supple

Direction for usage:

- Spray this face mist on bare skin or over makeup or as desired.
- For best results, hold the bottle at arm's length and lightly spray it over your face.
- Let it settle and then dab with a tissue.





HEALTHY LIVING

BUSINESS TOOLS

Tools to help you learn,
adapt and grow your
business



CATALOGUE

Healthy Living Catalogue showcasing all
the product information and its benefits.

Net Content: 1 Unit | MRP NPR 89.00 incl. of all taxes



MISTRAL OF MILAN CATALOGUE

A Glamorous Catalogue showcasing the
product information and its uses.

Net Content: 1 Unit | MRP NPR 89.00 incl. of all taxes



UNIFORMS

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distributors

Saree | MRP NPR 3,778.00 incl. of all taxes

Tie | MRP NPR 778.00 incl. of all taxes

T-Shirt | MRP NPR 888.00 incl. of all taxes



HEALTHY LIVING

HEALTHY LIVING NEPAL PVT. LTD.

WARD NO. - 9, METROPOLITAN CITY, KATHMANDU, NEPAL

☎ +977-01-4488320

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🌐 HEALTHYLIVINGNEPAL.COM

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